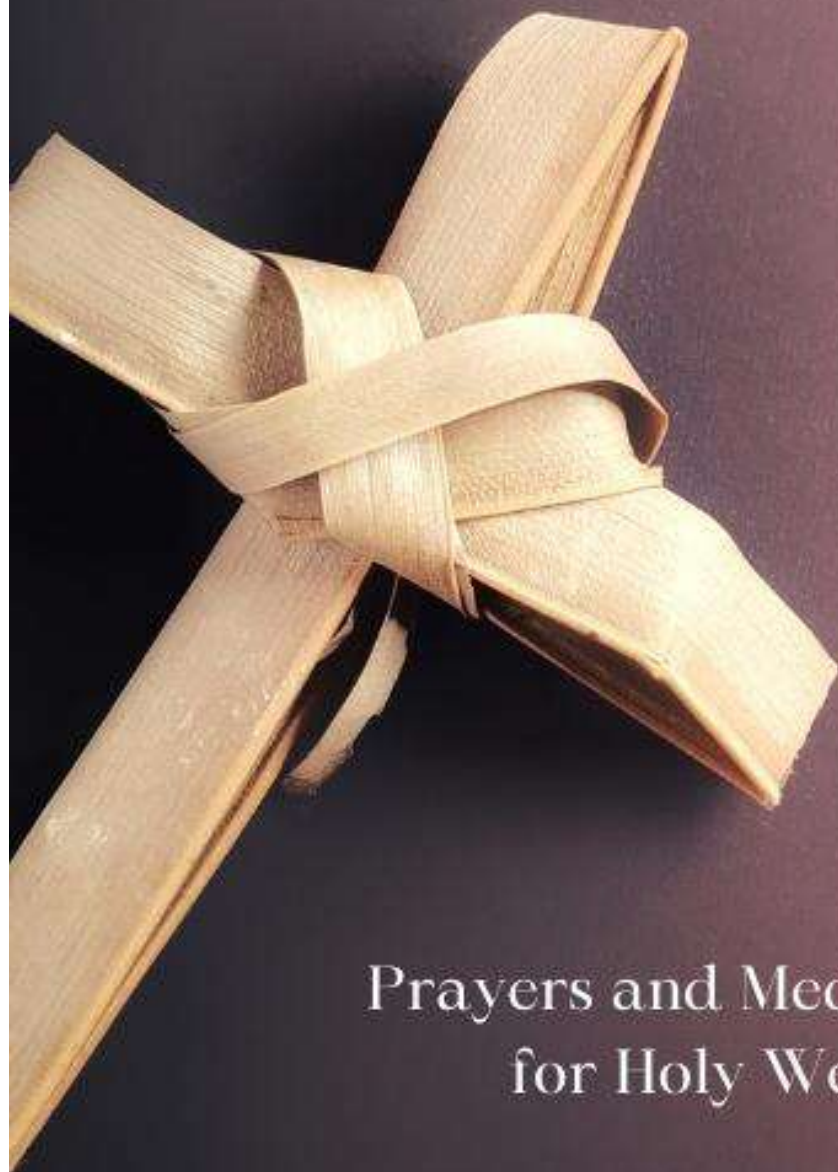


FROM THE SOUL TO ITS LORD

LUZ DE MARÍA



Prayers and Meditations
for Holy Week

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**FROM THE SOUL TO ITS
LORD**

**PRAYERS AND
MEDITATIONS
FOR HOLY WEEK**

VOLUME V

LUZ DE MARÍA

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1-RELIGION. 2-CATHOLICISM. 3-RELIGIOUS
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I. LUZ DE MARIA. II. Title



Despacho del Obispo

Carretera Norte Km. 151 San Ramón.
Apartado Postal N° 16. Estelí, Nicaragua.
celiana22@cablenet.com.ni
(505) 2710-1150

Estelí, Nicaragua, Año del Señor, 19 de Marzo del 2017
Solemnidad del Patriarca San José

Con la Madre Dolorosa, que fiel al pie de la Cruz, acompaña a Su Divino Hijo por amor a la Voluntad Divina, Luz de María nos ofrece este libro de oraciones y meditaciones para Semana Santa.

Ella al pie de Sagrario ha sabido madurar estas plegarias de amor vivo y fe ardiente, que sin duda nos pueden ayudar también a nosotros a seguir paso a paso a Cristo y a la Virgen Santísima en esta Semana Santa.

Este es un valioso instrumento de fe y amor que nos puede permitir saciar la petición insistente de Jesús que nos dice: "orad sin interrupción" (Mt 26,41) ... Orar por la Iglesia, orar por el mundo entero, sobre todo en estos instantes de crisis y oscuridad.

Concedo el IMPRIMATUR a este libro: "DEL ALMA A SU SEÑOR, ORACIONES Y MEDITACIONES PARA SEMANA SANTA" y recomiendo orar, no rezar sin sentir cada palabra con que se acompaña a Nuestro Redentor en el Camino de la Cruz, de la Mano de Nuestra Madre para que interceda como verdadera Madre y nos lleve a alcanzar la Salvación Eterna.

IMPRIMATUR

+ *Abelardo*

+ Juan Abelardo Mata Guevara, SDB
Obispo titular de Estelí, Nicaragua.



RECOMMENDATION

San Jose, Costa Rica, March 19, 2017

I recommend this book of prayers and meditations for Holy Week. Every prayer is an act of love of a soul in love with Our Lord Jesus Christ and with Our Blessed Mother that inspires us to meditate and make each one the Redeeming Love that saves us.

These prayers and meditations were born at the foot of the Tabernacle, where Luz de Maria expresses to the Holy Trinity her love and puts her trust in the Divine Protection and in the Maternal intercession to continue on the path of faith.

At the same, time It allows us to accompany Christ and Our Most Holy Mother every second of this Holy Week, to take part in the sacrifice of the Divine Savior and not to look from afar at the one who redeemed us.

The soul vibrates accompanying Our Mother and living that silence of Hers, silence that speaks without uttering any word.

I pray to God that each of these prayers and meditations manage to penetrate all readers and they make them their own as the Holy Spirit has inspired in Luz de María.

Friar Rodrigo González Jiménez.

PRESENTATION

Brothers and sisters, receive this book of prayers and meditations for "Holy Week" with the love of a soul in love with its Lord.

The Lord says in His Word that He has come for sinners, that He has come to save sinners; He has not come for the righteous; and recognizing in me one more sinner, I offer these pages before the Most Holy Trinity and Our Blessed Mother as an expiation for my sins.

I have asked the Holy Spirit that, by His Mercy—although I am unworthy of such great attributes— that He and Our Blessed Mother may guide me at all times to be able to offer our beloved Lord these days of prayer and meditation, in union with His Most Holy Heart, contemplating His Sorrowful Passion and meditating on each sacrifice of His and of Our Mother.

And asking that everything we contemplate leave a mark in our hearts, in our being and in our journey, not only during this Holy Week, but that it marks the beginning of a total and definitive change for the rest of our life.

We all have a "before" and an "after". May these pages help us in this "after" of our life, in which we recognize the Lord as "My Lord and Savior."

Your sister in the Lord:

Luz de María

**IN UNION WITH THE HOLY SPIRIT,
LET US LIVE THIS DAY**

in Holy Trinity, with the power
of Your Holy Spirit descend upon me,
infuse Your gifts into this creature
that today is born to a new life.

As a new creature, give me wisdom,
strength and love in the light of Your truth.

Holy Spirit, I proclaim myself a creature renewed in You.
Enclose in my mind the thoughts of Jesus,
so that your thoughts may be my thoughts.

Enclose in my eyes the eyes of Jesus,
so that I may not be oblivious to His gaze.
Enclose in my ears the ears of Jesus,
so that they may only listen His voice
and always fulfill His will.

Enclose in my mouth the mouth of Jesus,
so that with my tongue I may praise Him
and bless Him for all eternity,
and be the instrument of Jesus.

Enclose my hands in the hands of Jesus,
so that they may forge new children.
Enclose my feet in the feet of Jesus,
so that they may only follow Him.

Blessed are you, Holy Spirit,
in the union of the Father and of the Son,
glory be to you today, tomorrow and forever, for all eternity!

Amen.

**LET US CONSECRATE OURSELVES TO THE MOST HOLY
TRINITY TO KEEP US IN ITS PRESENCE**

Father, Son and Holy Spirit,
a single True God, a single Will,
I adore you, I bless you, and I thank you.

On this day with all consciousness and fullness of my
mental and spiritual faculties, I firmly desire
to consecrate myself to your Holy Trinity.

By stopping and elevating my physical and spiritual gaze
towards your Divine Presence, my being claims me to confirm,
ratify and return to You.

It weigh on me—every moment of my past in which
I have rebelled, consciously or unconsciously,
by not being able to accept Your loving designs.

In the name of everything You created,
I praise you, I bless you and I adore you.
Never again let me distance myself from your presence, Holy
Trinity.

Today I invite the Angels, Archangels and my Blessed Mother
so that they accompany and seal me with their fidelity,
the moment of this consecration,
that I renew and offer in your presence.

I seal with the Most Precious Blood of my Lord Jesus Christ,
this moment and all areas of my consciousness
so that I may never be allowed to separate myself from Your
Holy Trinity.

Amen.

**WITH THE BLESSED VIRGIN MARY
LET US UNITE IN PRAYER
AT THE END OF THE DAY**

My Lady:

Today I come to beg you,
to be mother and protector of my life.
You, who does know about love,
give me to drink from it;
I want to be your faithful child
and travel with you the way
that takes me safely to Jesus.

My Lady:

Today I come to beg You
to never separate me from your gaze.
May I be the one You accompany every instant.
From You I want to learn the way of love.

I implore you, Mother of Love,
that Your silence be mine,
that my lips may be sealed
and that prudence may be the standard
to distinguish me as your child.

You who travel the Way of the Cross,
pray to God for me.
May the Cross be a sign of Resurrection,
may It be my joy and, may I find in It
the fullness of my life.

Amen.

PALM SUNDAY

Jesus teaches us to consummate
His Pascal Mystery and our
Blessed Mary leads us to the
expected Fiat of the
Resurrection

PURPOSE OF THE DAY

ACCOMPANY JESUS

Keep in mind the wounds,
pain and suffering
to which Jesus voluntarily
submitted Himself
for each one of us.

And keep in mind that the Passion of the Lord
is in every soul, in every brother and sister who suffers
not only because of a physical illness,
not only for a spiritual pain, but also
in every one made sick by drugs or alcoholism,
in every child who dies in war,
in every abused innocent, in every aborted child,
in every human being that consciously or unconsciously
abuses his or her brother and sisters or the Creation that God
has given us for the good of all men.

PRAYER OF THE MORNING

In the Name of the Father and of the Son and of the Holy Spirit...

"You are to love the Lord your God with all your heart, all your soul, and all your strength." (Dt. 6:5)

Come, Holy Trinity to dwell in Me!

CREED...

SALUTATION

The palms are raised, hailing the King.

The same ones that today acclaim Him
will later condemn Him.

Hail King of Heaven and Earth!

The Angels sing,

worshipping Your obedience to the Father
and Your love for humanity.

Blessed be the one who comes in the name of God.

Just like the Mother, the Son gives Himself
as a docile lamb, in offering to the Father.

MEDITATION

Very different is our way of loving, very different is how we human beings love and how our Jesus loves; it is for this reason that it is so difficult to find the fullness of it. Almost always, when we the creatures love for ourselves, it is looking for a personal good that we do not possess, and in the end, we end up almost destroying what we fail to find.

To find love is a long and tenacious devotion, voiding of the "human whim" and its selfishness and an annulment of the self

to give oneself freely to God. Love is the ingredient in the constant vigil in the permanence on earth. Love will be a light in the darkness, honey in the moments of bitterness, balm when the pain trespasses the heart, heat in the cold, word when silence invades the soul.

REFLECTION

Lord, You wish me to remain attached to You, and this is what You come to do today, telling me – "Here I Am " to do the Will of the Father. You live inside of us. I pray to You so that You hold my thought so they do not disperse with the voices around me, even if they are voices of joy. May I not be filled with other voices that divert my heart from You. Teach me how to live "from within" so as not to live more "from outside" and to continue on the right path, being always the same, in Your same humility.

May praise not raise me or scorn sink me; may Your Love only keep me safe so that I may not separate myself anymore from You.

I have listened to several voices throughout my journey, but now that I recognize You, my Lord, I wish time could duplicate itself and thus amend how much You have suffered for my sake. Like Your people, I have summoned You, I have hailed You, but in equal measure before adversity, I have not wanted to see Your Holy Will, and I have rebelled without recognizing that it is Your Love that forges souls—not in a bed of roses but on a path of thorns, in which I must find the honey hidden deep inside them.

Today my Lord, at the beginning of this Holy Week, I dispose my being so that I may unite with You, and I pray to You with my heart so You may keep me under your gaze. I do not want

to follow You only on a day of joy and rejoicing, but I wish to follow you at all times, just like Your Mother, being a faithful disciple, leaning against Your chest and there finding the sweet consolation for which my soul longs.

CALL TO CONSCIOUSNESS

On this day, we must make a firm commitment for the rest of our lives, which is to be aware that only the fact of being the object of God's Love should make us erupt in a hymn of praise and adoration to our Father with joy, peace, harmony, in silence and eager spiritual work—without forgetting that we have a Mother given by God to comfort us at all times, who keeps us in Her arms, never leaving us. And today it is our duty to accompany Our Blessed Mother in this harsh Way of the Cross, in which the love for each one of us dominates Her, and for this She gives Her son: for the salvation of His own.

Love is greater; it overcomes pain; it is a Fiat of love pronounced "Mother", for You and me, tinged with the Blood of the most innocent one who, to wash our sins, the Mother let seven swords pierce Her Heart.

Does this act not compromise your heart? This detachment, which has been for you, does it not move you to give everything? Because it is you who has been called by your name directly from the mouth of the Father.

Oh mystery of infinite love!
only You are God, unique and true
for the good of our soul.
May You be adored, in every time and place.

OUR FATHER...

BIBLE READING

"Truly, I tell all of you emphatically, the person who doesn't enter the sheepfold through the gate, but climbs in by some other way, is a thief and a bandit. The one who enters through the gate is the shepherd of the sheep. It's to him the gatekeeper opens the gate, and it's his voice the sheep hear. He calls his own sheep by name and leads them out. When he has driven out all his own, he goes ahead of them, and the sheep follow him because they recognize his voice. They'll never follow a stranger, but will run away from him because they don't recognize the voice of strangers. Jesus used this illustration with them, but they didn't understand what he was saying to them.

So again Jesus said, Truly, I tell all of you emphatically, I'm the gate for the sheep. All who came before me are thieves and bandits, but the sheep didn't listen to them. I'm the gate. If anyone enters through me, he will be saved. He'll come in and go out and find pasture. The thief comes only to steal, slaughter, and destroy. I've come that they may have life, and have it abundantly.

I'm the good shepherd. The good shepherd lays down his life for the sheep. The hired worker, who isn't the shepherd and doesn't own the sheep, sees the wolf coming, deserts the sheep, and runs away. So the wolf snatches them and scatters them, because he's a hired worker, and the sheep don't matter to him. (Jn. 10:1-13)

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

PRAYER OF THE NIGHT

Lord, open my lips, and my mouth will declare your praise.
Under the loving gaze of the Immaculate Virgin, we rest in the
Lord.

GLORY...

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You and I
detest all my sins, because I dread the loss of heaven and the
pains of hell, but most of all because they offend you, my God,
who are all good and deserving of all my love. I firmly resolve,
with the help of your grace, to confess my sins, to do penance
and to amend my life.

SALUTATION

Two hearts that beat as one,
today they fuse to worship the Father;
the Mother and the Son are one,
They move as one will,
for it is the Will of the Father
that They worship in spirit and truth.

Today as Bartimaeus, the blind man of Jericho,
I, Your child, cry to You, Lord of my life:
"Lord, Son of David, have mercy on me"
so that every man's eyes be opened
and thus they can see You in the sun, in the air,

in the water, in the day, in the night.

Everything has been given for the blessing of man,
may I not be indifferent to Your gaze, or Your word,
may I be the sheep, who lost, recognizes the voice of his
shepherd.

FROM THE SOUL TO ITS LORD

"Then the mother of Zebedee's sons came to Jesus with her sons. She bowed down in front of him to ask him for a favor. He asked her, "What do you want?"

She told him, "Promise that in your kingdom these two sons of mine will sit on your right and on your left."

*Jesus replied, "You don't realize what you're asking. Can you drink from the cup from which I am going to drink?"
They told him, "We can."*

He told them, "You will indeed drink from my cup. But it's not up to me to grant you a seat at my right hand or at my left. These positions have already been prepared for others by my Father."

When the ten heard this, they became furious with the two brothers. But Jesus called the disciples and said, "You know that the rulers of the unbelievers lord it over them and their superiors act like tyrants over them. That's not the way it should be among you. Instead, whoever wants to be great among you must be your servant, and whoever wants to be first among you must be your slave. That's the way it is with the Son of Man. He did not come to be served, but to serve and to give his life as a ransom for many people". (Mt. 20: 20-28)

MEDITATION READING

"Indeed, these commands that I'm giving you today are neither confusing nor unattainable for you. They aren't in the heavens, so you have to ask, 'Who'll go up to the heavens for us and get it for us so we can hear it and act on it?' And they aren't beyond the seas either, so you have to ask, 'Who'll cross the sea and get it for us so we can hear it and act on it?' No, the word is very near you—it's within your mouth and heart for you to attain." (Dt. 30: 11-14)

OUR FATHER...

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

HOLY MONDAY

Jesus teaches us the Way, and
our Blessed Mary takes us to
the Fiat of Peace

PURPOSE OF THE DAY

NEED FOR HUMILITY

By the acting and working of the son
it is clearly seen who his parents are.
And the Blessed Virgin Mary being the supreme
glorifier of the Holy Trinity
and we Her children,
then the supernatural life in the human creature
is nourished continuously and even more,
is produced in each one by the Holy Trinity,
who is the primary origin of Grace.

Everything comes through the humanity of
Jesus Christ and through the Blessed Virgin who,
united to Her Son,
is the Mediatrix of all Graces.

She is the secure rope
that gives us a place in the work of Salvation.
She is, by right, who administers,
with a Mother's right, the treasures of Her Son,
and it is under the shadow of the protection
of Our Mother,
that all good things bear fruit in the life of man,
since She is attentive to the most minimal
movements of Her children.

Our Mother is the Sun that gives warmth and therefore, life.
She is the blessed one of God, the full of the Holy Spirit,
and every action of the Blessed Mother is absorbed from Jesus,
from whom She is inseparable.

For each one of us, the Blessed Mother must be a model
that constantly drives the detachment
from the earthly life.

Thus, that devotion, that silence,
that allowing oneself to be absorbed by the Heavenly Father,
is and should be for each one, the characteristic
of the depth of the inner life.

It is in that characteristic of our Mother's humility
that today we must submerge ourselves,
to follow Jesus, on the road to victory.

PRAYER OF THE MORNING

In the Name of the Father...

"You are to love the Lord your God with all your heart, all your soul, and all your strength." (Dt. 6:5)

Come, Holy Trinity to dwell in me!

CREED...

SALUTATION

King of peace and majesty,
you walk like a humble carpenter
molding hearts, in rough wood;
with a sweet gaze, You sculpt beautiful figures
with Divine Love; You attract creatures to live
Heaven in advance.

To kiss Your mantle I would like for a moment,
to make of Your Word my own life,
to invite You to my house, as your best friend,
to serve You delicacies and perfume Your feet.

Rather, you tell me, beloved Jesus:
in Your heart I dwell; today you can
give me delicacies; I am Your best friend;
and perfume Me with the oil of Your love.

MEDITATION

On this day I would like, my beloved Jesus, to ask that Your hand be placed on me. Like Mary Magdalene, allow me to

anoint Your divine feet, not with perfumes, but with tears coming from the depths of my being, to make reparation to Your Divine Love for the moments of doubt, insecurity, lack of love, lack of charity. For those days of despair, when You were in front of me and I did not recognize You because my confusion blinded me.

Let me Lord, anoint You with my tears. Yesterday You entered triumphantly; today they do not recognize You. I would like to be that Lazarus you raised from the dead, to take out of my being all the human evil and to be from now on a new creature in You.

May my tears be that perfume of tuberose of the highest price. Allow me to love You in spirit and truth; do not let these tears dry up, so that I never stop recognizing my sin and in this way I can accompany You every day, in this Way of the Cross that for me you will travel.

REFLECTION

Lord, today you give me another great lesson of love: Your humility teaches me that when man humbles himself, at that precise moment, You enter and act. Sad stubbornness of the man who forgets that God knows him before being formed in his mother's womb.

The Lord has always known us well. He is the Lord of time and space; nothing that man does takes God by surprise. Therefore, humility is necessary before the Divine Designs, and man finds it difficult to believe until his life comes to a point that clarifies the Will of God, it is hard to demand so.

To Thomas the Lord gave a great lesson: "Put your finger in My wound, see that it is I, man of little faith" (Cf. Jn. 20:27). Do not demand that He come before you. Look at the Cross, in It He gave His life for you; do not ask for more proof from the infinite humility of the King, who humbled Himself so that today you can enter joyfully in His Kingdom.

CALL TO CONSCIOUSNESS

The Lord gives us spiritual joys that help us carry our personal cross; so great is the Divine Love that It does not miss a single detail to come to our aid. All in order to have us in His Heart, that is why He calls us to be like children; so that, trusting in the Father, we will abandon ourselves and live submerged in His Will.

Thus, little by little the Lord is perfecting us and we are letting go of everything that contaminates the soul and makes the creature perish. Well says the Great Maker: "Do not fear those who can take away a hand or an eye, but those who can make you fall into sin and take away grace; because it is better to go to Heaven with one eye or one hand than to go to hell with two eyes and two hands. " (Cfr. Lk. 12:4-5)

OUR FATHER...

BIBLE READING

"Place my yoke on you and learn from me, because I am gentle and humble, and you will find rest for your souls." (Mt. 11:29)

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

PRAYER OF THE NIGHT

Lord, open my lips, and my mouth will declare your praise.
Under the loving gaze of the Immaculate Virgin, we rest in the
Lord.

GLORY...

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance and to amend my life.

SALUTATION

The King of Peace is coming,
hasty along the way
in triumphant entrance,
on a rug of flowers,
triumph is assured,
the weapon is Love
and before this weapon no other triumphs,
for it is power.

You are above everything created,
You are King of the Creation
You are truly insurmountable,
this has come out of You,

So my beloved,
You give me a lesson in life;
in the face of malicious questions,
You answer with another question,
so that today we
may walk with prudence.

My Lord!
You gave me everything
at the beginning of Your Passion,
so that we have such a blessing
and do not fall into the traps that evil lays out
in this journey.

Thank you, dear Lord.
with parables you taught,
and today You reveal Yourself to me,
so that I follow You hurriedly
to the triumphal entry.

FROM THE SOUL TO ITS LORD

Make Lord, that I may not give up before any adversity, that I may be light for my brothers and sisters and do not forget that You help me to correct mistakes, You pick me up when I fall, You forgive my sins and even more, You forget them.

Make Lord, that I may not forget that love and generosity overcome You and make You so small that You come to annihilate Yourself for the happiness of those who love you. For it is that whoever truly lives loving lives in You, and reaches everything because whoever grows in love becomes the best of the best.

You, Lord, in Your Word, You tell us: "Today I invite you to follow Me, I have come for sinners, not for the righteous ... therefore, try to ensure that all actions are inspired by love and may that be the goal." "Blessed is he who listens to My Word," and You tells us "because alone you will never perish; blessed is he who trusts, for he will have light, grace, strength, consolation, humility, wisdom, strength, faith. "

Help us Lord, to receive the trials with serenity, to be like children, to preserve the purity of spiritual childhood, not to fear before what happens to me, not to worry because You teach us that the path is lived in faith so as not to stumble .

MEDITATION READING

Love is a duty; the testimony was given by the Lord. The gift of life must be a reason for union between brothers and sisters. You cannot love God without loving your neighbor. Not only he who says 'My Lord, My Lord', will enter the Kingdom of Heaven, but he who does the Will of the Father, and dwells in love among brothers and sisters.

We are called to holiness—holiness is for all—but this implies the exclusion of sin, which is the constant struggle of man; the incessant struggle against the world, against the flesh, against everything that does not come from God.

Living in faith is the Divine Call; faith without works is dead. Since works are a practice of faith, holiness is not attained without constant effort. Not a single heartbeat is given without it being moved by God in whose presence we must live.

Our Good Jesus became man to save each one of us, but each one of us must put his quota in personal salvation. Man must

be in the law, in unity. The call is for eternity; it is not only for one day.

OUR FATHER...

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

HOLY TUESDAY

Jesus teaches us the Way and
Blessed Mary takes us to the
Fiat of Sacrifice

PURPOSE OF THE DAY

MAY NOTHING WEAKEN OUR FAITH

May what happens in our interior
not weaken our faith
and may it not infect any other brother or sister.

That is why, when we are ill, let us not look
hastily into whom we can empty our anguish
because perhaps we will weaken his/her faith;
let us look for one whom we know that, although we are
suffering, we will not weaken that person.
On the contrary, let us get closer to the one who is going
to comfort with preaching.

*"Consequently, faith results from listening, and listening
results through the word of the Messiah." (Rom. 10:17)*

PRAYER OF THE MORNING

In the Name of the Father...

"You are to love the Lord your God with all your heart, all your soul, and all your strength." (Dt. 6:5)

Come, Holy Trinity to dwell in me!

CREED...

SALUTATION

You are great, O Lord,
Creator of Heaven and Earth.
This morning I beg you humbly,
to send the anointing of Your Holy Spirit,
that anointing of love so that it penetrates all my being
and I may be the one who is meek and humble of heart
of whom the Gospel speaks.

You who are the inexhaustible source of humility,
give me to drink from Your side,
to be a new creature.
Beloved Son of the Father,
Lamb of God who takes away the sins of the world,
infinite sacrifice of the New Covenant,
arise triumphantly in Your Glorious Cross.
It is not a cross of pain, it is one of sacrifice.
Yes, for the love of all, even if they do not know You.

"Give praise, you servants of the Lord,
praise the name of the Lord!

May the name of the Lord be blessed
from now to eternity.
From the rising of the sun to its setting,
may the name of the Lord be praised." (Psalm 113:1-4)

MEDITATION

Submerged in the Heart of the Mother, let us feel that She tells us:

"Take, humanity, the One I have taken care of in My arms, the One My breasts have nursed. Take, humanity, today I give you My Heart, today I hand over My Son to you. I give Him to you for the sins committed. Today I give this innocent one who on sleepless nights, as a loving Mother, I cared for with great zeal, great apprehension, knowing already that I must give Him from My arms to yours. Today I give Him to you, humanity.

For the lack of sincerity, for the vainglory and lack of human humility, for the lies, for the blasphemies, and the lack of faith, for the unbridled and painful vices of the flesh and the addictions, for the killings of innocents, for the children aborted, for the death that occurs through the tongue, double-edged sword that man uses for evil.

For the lack of fidelity among brothers and sisters and to the Word of God, for the breakage of the Divine Law, the Commandments and Sacraments, for those who, having consecrated themselves to the service of My Son, give free rein to their desires and waver, abandoning their consecration, for all vocations, priestly and religious, for all that and more... for the wars, for those who will surrender to false gods, for those antichrists who throughout history, using their power, will kill

the innocent. For that and more, I give you today, humanity, My Beloved into your arms.

I know that you will prey on Him, you will fill Him with reproach, you will mock Him and you will unleash fury against the Humble Lamb. And I, as loving Mother, I give Him as expiation for all the sins of humanity throughout all time, for redemption of the human race; I give Him today, together with the Angels who mourn, in union with all those souls who joined and will join His Passion, humbly offering their lives for my Son and for the sins of all men. From the cradle to the Cross, this Sorrowful Mother must now sacrifice Him, sacrifice Him with equal love, for the love of each one who today shares this meditation. "

REFLECTION

Do not be like the one who, after saying yes, did not grow and did not bear fruit. *"Give back to Caesar the things that are Caesar's, and to God the things that are God's."* (Mk. 12:17) And as children of God, the commitment is greater: "keep watch with the heart, with faith, with charity, with hope, with works." Prepare the lamps; take care that they do not go out, feeding them with the inner oil of a right conscience. Remain united to God through love, so that He introduces you into the banquet room where your lamp will never be extinguished.

You must not forget that before every one there is good and evil; it is the duty of all to choose good and to flee from evil. God scrutinizes the depths of the soul and before you initiate any action or act, He knows your intention. That is the reason why *"Not everyone who keeps saying to me, 'Lord, Lord,' will get into the kingdom of heaven, but only the person who keeps*

doing the will of my Father in heaven." (Mt. 7:21) We should never show off our own strength, for alone it betrays man.

Whoever says, "I will not fall"— that one can fall. And when someone says, " I am humble" – that is when he or she ceases to be so, for man on his own is nothing and can do nothing.

CALL TO CONSCIOUSNESS

Our beloved Jesus calls us to stop complaining about adversities and instead give glory to the Father for them. He gives us His example, "I am going to finish the work that You entrusted to me"; that is the call for all of us. Our life has a purpose; it is to "glorify the Father" in every moment and place.

We have to live in His image and likeness, He asks us to love those who betray us, and it is a difficult task for man to turn the other cheek, to give good when wrong is done to us; be patient, it is difficult. All of the above is complicated when one wants to achieve it alone, but when the creature abandons itself in the Divine Hands, the burden seems light, the impossible becomes possible, because man is not alone anymore. The Lord carried a Cross, but a Cross that had in it all the sins of humanity: your sins, mine, ours, so much that the weight wounded His shoulder until His bone was exposed and He offered it with love. He remained with the one who would betray Him and hid him from the others; and we do not even manage to dominate the impulsive character of our humanity.

We want to direct our brothers and sisters, to have authority, because we do not like or know what it is to be under authority. For this and more, today Lord, take authority over my life, so that I may live intensely with You every moment in which for love of me, you suffered, You humbled yourself and they slandered You, so that everything that happens around me does not make me retreat, or fall into discouragement.

For my "I" dominates me, makes me fall and feel sorry for myself, without looking at Your sacrifice, Your sufferings, colored by love.

Today You speak to me as to Your disciples, You tell me about the betrayals, the good intentions that have not been fulfilled, of the commitments and the oaths made before You that I have abandoned, the good intentions that have been forgotten, the deceptions committed voluntarily, of the lack of charity not only for my brothers and sisters, but for those who gave me life. You speak to me in my ear and You say: "Meditate, this day especially, remember, from your childhood, the improper games, impure desires, contempt towards others, greed, vanity, vainglory, imposition, impurity; today remember, I whisper in your ear. "

OUR FATHER...

BIBLE READING

"Therefore, my brothers, since we have confidence to enter the sanctuary by the blood of Jesus, the new and living way that he opened for us through the curtain (that is, through his flesh), and since we have a great high priest over the household of God, let us continue to come near with sincere hearts in the full assurance that faith provides, because our hearts have

been sprinkled clean from a guilty conscience, and our bodies have been washed with pure water. Let us continue to hold firmly to the hope that we confess without wavering, for the one who made the promise is faithful. And let us continue to consider how to motivate one another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another even more as you see the day of the Lord coming nearer.” (Heb. 10:19-25)

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

PRAYER OF THE NIGHT

Lord, open my lips, and my mouth will declare your praise.
Under the loving gaze of the Immaculate Virgin, we rest in the
Lord.

GLORY...

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance and to amend my life.

SALUTATION

On this night I would like,
my God, to accompany you.
Your love is tested to the fullest,
knowing how to keep in your heart,
what You well know.

You do not betray the one who is going to hand You over,
because Your love surpasses everything.
Son of the Father, take me with you to live
permanently in the Paradise of Your Will.
Praise be to You, my King and my Good, praise be to You!

Your love for us is great;
may all peoples sing Your Mercy
and worship Your Name forever.
May You be worshiped here on earth as you are in Heaven!

FROM THE SOUL TO ITS LORD

In each word of the Holy Gospel the Lord calls us to meditate. And He tells us: "You walk looking for answers to everything, and that is the cause of the constant falls. Instead of answers, trust in Me. For man desires immediate answers, demands, ignoring that the answers are in the silence. Why did I go to the desert? To pray and be alone with My Father and listen to Him deep within. Man desires answers and continues to live amid the bustle; he does not pray, he does not supplicate, he only demands, he only looks for Me in moments of desperation, and when he wants to find immediate solutions, he begins to listen to other very human voices that lead him to fall more and more."

Man has forgotten that he must seek his God, every moment, every day, to remain united. You have forgotten that doing evil damages one's personal anointing; criticism, gossip, damages the anointing that My Holy Spirit gives to the creature. The Lord speaks to us in His Word. The Scripture was not revealed for the past, it continues alive and pulsating, each line is food for our journey.

The Lord tells us: "Children, Satan continually attacks My children, puts trials, traps. It is for this reason that you have to go to prayer and nourish yourself with My Body and Blood daily, that is why I have left My Mother to guide and protect you. It is for this reason that I have given you My example. Silence is not of cowards, it is of heroes who know that language is a gift and as such, they have to use it to worship, not to sin, they must give life with it, not kill."

MEDITATION READING

We children of God must be rich in the Spirit. All we have is because God does it so that we give Him glory and honor. He is kind, so much that He asks us: "Will you lend me your body, your mind, your heart, your will?" God does, He comes and asks us for permission, and with our free will we say yes or no.

What we are, what we can do—we decide. And to decide correctly, we have to be creatures of prayer, not impulsive creatures like Judas, but creatures of prayer, of reflection.

We have to ask God's favor daily and humbly ask for the Bread of Wisdom, the Bread of Love, the daily Bread; but not only the material bread as the common person believes—also the Spiritual Bread, so that God's plan for which He has created us may be a permanent reality in us.

The failure of man is born because we do not understand that everything that exists belongs to God, and we want to appropriate everything, forgetting the Divine Hands that have created everything that exists, existed and will exist. We are containers of God's Love, that is why He tells us: *"Think of us as servants of the Messiah and as servant managers entrusted with God's secrets."* (1 Corinthians 4: 1-5) And he would ask in the morning for the Bread of the morning, in the evening the bread of the evening, in the night bread for the night. Every day we have to go out to look for the Divine Bread of protection, of coverage, of healing, of fidelity, the bread of enlightenment of the Holy Spirit to keep us in Grace, in the middle of the convulsive and seductive world.

To you who read these pages, I tell you: the Lord has created you with a Divine Purpose, that is why He has called you not to live a mediocre life, but to live a full relationship with Him, so that you can enjoy here on Earth the full love of God, at all times, even in those of tribulation.

Judas wanted to award himself rights because he was called to walk beside the Lord; He forgot that God is the one who rules and directs. That is why today, I am calling you not to forget that whatever you possess, you possess it because God has so arranged it and You are only an administrator of the Divine Assets.

OUR FATHER ...

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

HOLY WEDNESDAY

Jesus leads us in preparation
for the Last Supper and
Blessed Mary leads us to the
Fiat of Silence

PURPOSE OF THE DAY

LIVE LOVING, LOVING THE SILENCE

Mother of the Savior and my Mother,
teach me to live loving,
teach me to live in silence
to hear the voice of the Holy Spirit.

Teach me how to hold
my human emotions,
so that they do not betray
the testimony of life that Your Son asks of me.

PRAYER OF THE MORNING

In the name of the Father...

"You are to love the Lord your God with all your heart, all your soul, and all your strength." (Dt. 6:5)

Come, Holy Trinity to dwell in me!

CREED...

SALUTATION

Blessed and adored Lamb,
Your Heart knows nothing
outside of the Father's Will,
in Your home you lived the total sacrifice for love.

Blessed Lamb, Male of Sorrows
You love without distinctions with Divine Measure.

You do not look at faces, you look at souls,
souls for which You thirst.
You look at repentant hearts,
You do not look at names, or ancestry,
You do not know privileges,
You love all with the Divine Measure.
You live in total obedience
and thus you call me to follow you on the path.

MEDITATION

Lord, in how many moments of my life have I been amazed when I look at a brother or sister offending You, defiling You, scourging You, slandering You, taking Your Most Holy Body unduly—and I forgot to look inside myself. "Do not look at the wooden beam in someone else's eye". (Cf. Mt. 7:1-5)

But my humanity is always inclined to see in the other what I do not want see in myself. And You Lord say to me, "I do not want you to go through life criticizing other people's mistakes, for those that you promptly identify are the ones that have clung motes to you. And that is why it is so easy for you to recognize them in others. "

Lord, with humility you washed the feet of your disciples and kiss them with love, recognizing in each one of them, creatures in the image and likeness of the Father. The excess of Divine Love that dwells in You leads you to look with real tenderness at the eyes of the one whom you know will betray You; and I am amazed by it. How many times when I remember this moment in which you wash the traitor's feet, have I felt my heart not only become saddened, but even more, outraged! Ah, poor me! Because I too have betrayed You again and again.

I have let myself be overcome by my humanity, by my vanity, by my arrogance, by indifference, by appearances. On how many occasions, feeling righteous, have I looked at my brother or sister in a bad way. "Lord, how many times I have betrayed you," and look at me here, feeling myself to be the best of Your children.

Wash me Lord, but not my feet, wash me with Your Precious Blood—my eyes, my ears, my tongue, my mind, my thoughts, my hands, my being, so that I will not betray You again.

Kiss me Lord, so that you seal everything that is in me and that is contrary to Your Will. Hold me Lord, so that I do not forget that without You I am nothing. Forgive me My Goodness, accept me by Your side, and teach me the true way.

REFLECTION

You give us a commandment, "Love", so that we love each other like You, Lord, You love us. But it is a challenge that you leave us, because love is courageous, it is of heroes; only the hero loves without measure, without thinking of it. That is why Lord, being a hero, You knew how to give your life for love of mankind.

We live with varnishes of love, with appearances of love, while everything is favorable to our interests. As soon as the course changes, however, love disappears and in its place come rebellion, hatred, resentment. And as it happened to Judas, the enemy preys and love is buried most deeply.

We can call ourselves Catholics, we can be baptized, we can attend Mass daily, we can be considerate with some, we can say all day: "Amen, hallelujah." We can pray day and night, but if we do not have true love in us for all our brothers and sisters, "we are nothing of what we say are." We only possess a slight varnish of what is truly a child of God.

CALL TO CONSCIOUSNESS

Brothers and sisters, may this Holy Week not be just another one in your life. May it only be the one that marks the radical change so that you continue the journey building hearts for the Glory of God. Offer every day of this week, that which hurts the most, whatever is most difficult for you to sacrifice. Perhaps it is easy to abstain from some food, but think that it may be more pleasing to God that your behavior is different, that you love your neighbor, that you forgive the one who has offended you, that you do not hold grudges. Take seriously the sacrifice of our Lord, take your life seriously; you are not here by chance, you are the fruit of Divine Love and perhaps this is your great opportunity to change the course of your life.

OUR FATHER...

BIBLE READING

"Little children, I am with you only a little longer. You will look for me, but what I told the Jewish leaders I now tell you, 'Where I am going, you cannot come.' I am giving you a new commandment...to love one another. Just as I have loved you, you also should love one another." (Jn. 13:33-34)

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

PRAYER OF THE NIGHT

Lord, open my lips, and my mouth will declare your praise.
Under the loving gaze of the Immaculate Virgin, we rest in the
Lord.

GLORY...

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance and to amend my life.

SALUTATION

My Beloved, the night is covering the world with its veil,
and so, in the midst of sunset
the pain of saying goodbye to your Blessed Mother
has pierced Your Divine Being. You see Her sorrowful,
but love surpasses it.
You are King and as such,
you walk to occupy the desired throne.

The Angels keep You company
and fly from heaven to earth
announcing the King who comes to take possession.
The stars light the way,
the rays of the moon, as in Bethlehem,
caress Your Divine Face.

You say goodbye to the breasts that nursed You,
but You do not leave Her alone;
the Celestial Court is at Her side.
The Angels with their wings caress the Mother
who, with Her pierced heart,
sacrifices the one who is King of all Creation.

FROM THE SOUL TO ITS LORD

"Do not tire My child," the Lord tells us, do not tire of doing
good.

Look me in the face, look me in the eyes,
find in them the strength to be a faithful witness of My love.

Look me in the face, look me in the eyes.

I entrust My beloved Mother to you, keep Her in your heart.
Accompany Her, for the culmination of Her love already begins.

Seven swords will pierce Her heart, but you My child,
with your faith, with your charity,
love, fidelity, hope, trust and forgiveness,
you will heal the wounds of Her tender heart.

This assignment I give you:
sweeten the wounds of My sorrowful Mother,
keep Her company.
I have already been betrayed by one of Mine,
already My Mother suffers; we are a single heart,
and the betrayal anticipates the sacrifice,
the way to the Cross.

MEDITATION READING

Lord, you ask me for a perfect heart to love, and today I understand that a perfect heart is that of the creature that comes to the feet of the Master recognizing the faults of its life and says, "Lord, I recognize my sins, wash us with Your Blood, fill me with Your mercy." That is a perfect heart, because the one who does not recognize he or she has failed is not perfect. A perfect heart is the one that in spite of all the tribulations and needs of its life, says, "God I need you."

A perfect heart is the one who does not hide its sin and comes to the presence of the Lord and says, "Here I am, fill me with Your light because I am in darkness, I have sinned against You, I have fallen." Perfect is the one who comes to ask the Lord for "a new heart and a righteous spirit" not to criticize, but so as to pray for its brothers and sisters. A perfect heart is the one who walks united with the Will of the Most Holy Trinity, is the one who knows how to love without looking at whom, or how, or when: "a love without limits."

A perfect heart is a creature that in every moment of his or her life claims souls for God, because he or she lives committed to fight for the Kingdom of God, with the assurance that the Lord called him or her and He will strengthen him or her. A perfect heart says, "My Lord, my God."

OUR FATHER...

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

HOLY THURSDAY

Jesus teaches us to consummate
His Real Priesthood and
Blessed Mary leads us to the
Fiat of Sacramental Grace

PURPOSE OF THE DAY

FERVENT DESIRE TO SERVE

May I not be the one who keeps you prisoner without being able to fulfill in me Your surrender, Your sacrifice.

Holy Mother, do not let the vanities of the world separate me from true love, keep in me the fervent desire to serve the Lord in every moment of my existence, that those words of my beloved, "*...Take this and eat it. This is my body... this is my blood...*" (Mt 26:26-28) make my heart beat, so that I never go to take Communion out of habit, but that every day I may give It the glory that all creatures should give It.

Angels of God, do not leave me, protect me at all times, guard my soul so as not to cause pain to my beloved. May each sacrament be the motive of being more of Jesus, and protect me so that no communion of mine may be a cause of condemnation.

PRAYER OF THE MORNING

In the Name of the Father...

"You are to love the Lord your God with all your heart, all your soul, and all your strength." (Dt. 6:5)

Come, Holy Trinity to dwell in me!

CREED...

SALUTATION

To You, Supreme and Eternal Priest,
I offer my life, so that Your Will be fulfilled,
and we may all be one, as You and the Father are one.

You forgive my sins so I can arrive at Your table,
you welcome the lost sheep with love,
you give the best to the prodigal son,
you let yourself be anointed
by the repentant sinner,
and You give Your love to all.

Your Holy Hands are the ones that every day,
in the Sacrifice of the Holy Mass,
renew Your very Consecration.

It is Holy hands that bring me the Divine Food
that strengthens my being,
"This is My Body, this is My Blood,"
blessed is he who has been called
to concur with You in this Consecration.

Bless oh my High Priest the hands of those who

for love of You,
give their lives for Your church.

You fill my lamp with fresh oil,
You raise me up to be a new creature in You,
You fill my well with crystal clear water,
You wash my feet tenderly,
You are truly faithfulness in its essence,
that is why You welcome me when I fall
and sweat blood for my sake,
You heal my wounds
and you comes to me in haste
when I am exhaling my last breath,
to give me the Bread of Eternal Life.
That is You, Eternal Priest.

MEDITATION

On this day when the institution of the Holy Eucharist is celebrated and the Lord gives birth to the Sacraments—the Sacrament of the Priesthood contained in them—we, the Church of God, raise our voice in a cry of, “Thank You oh Father, for every secular priest, for every religious priest, who every day with love makes descend Your Most Holy Body and Blood at the table of the pure and true Sacrifice! Today we pray to the Lord, to our Most Holy Mother for each consecrated person, so that each day the Divine Love may increase in their hearts and they may be at every moment of their ministry that living, true Jesus who welcomes his sheep with love, being a sign of unity and reconciliation.

Before You, Mother of love, Your Church places today each beloved son of Your Immaculate Heart, so that you can help them and with Your Blessed Mantle protect them, drive

temptation away and with your Protection increase every day that flame of fervent love with which they celebrated their first Eucharist. Guide their steps as a loving Mother, so that You who look at them with special love, keep them in Your Blessed Womb, so that each of them, being all Yours, will be led by Your Hand to be entirely of Jesus.

REFLECTION

Lord, when I approach your Table, may I be worthy of it, abiding as a faithful servant to Your Word, the commandment of love in all its splendor. I live in the world, but I do not want to be of the world; may I not be seduced by what is worldly but aspire to You every day.

Lord, may Your Holy Spirit guide me continuously, and lead me to do good to all creatures, so that by walking in the same faith we may commune in the unity of the same body.

Lord, may each step taken by my feet be guided by Your Love so that I may not be the cause of the deviation of any soul. Rather, may my steps be Your steps, leading my brothers and sisters to Your Divine Light.

Lord, may Your Will be fulfilled in me and in my testimony of life. May it be a reason for reconciliation and blessing for all, that I not see faces but souls, that I may see You in all and be able to love every one of Your creatures with Your same love.

CALL TO CONSCIOUSNESS

The Lord says in His Word that He leads us from grace to grace, from goodness to goodness, and that He reveals Himself

to us by faith and in faith. Let us keep in mind that He tells us, "*but my righteous one will live by faith...*" (Heb. 10:38)

Let us safely walk in the power of God. No one can steal from us what the Lord has won for us, so let us not fear the one who can touch the flesh but cannot touch our spirit.

But let us not forget that we must "eat the Word of God" to nourish the spirit and not have spiritual anemia, because we cannot love whom we do not know. Let us unite ourselves more to the Lord, let us know His Word contained in the Sacred Scripture, let us attend the Holy Mass and receive communion, for the good of our soul and of our body.

OUR FATHER...

BIBLE READING

"Just as the Father has loved me, so I have loved you. So abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love." (Jn. 15:9-10)

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

PRAYER OF THE NIGHT

Lord, open my lips, and my mouth will declare your praise.
Under the loving gaze of the Immaculate Virgin, we rest in the
Lord.

GLORY...

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You and I
detest all my sins, because I dread the loss of heaven and the
pains of hell, but most of all because they offend you, my God,
who are all good and deserving of all my love. I firmly resolve,
with the help of your grace, to confess my sins, to do penance
and to amend my life.

SALUTATION

My King, you are the way, the truth and the life.
You voluntarily surrender Yourself into the hands of
those who do not love You and desire Your death.

You are King and Lord, so much that Your Word is fulfilled
my enemies will retreat the day in which I invoke
and fall to the ground before Your Infinite Majesty.

My King, such is Your Majesty that the darkness
does not manage to overshadow Your Grandeur and royalty.
They come to You with hate, and You, My Beloved,
You respond with such love,
that they are disturbed before You.

They seek for you with anger wanting to kill You,

and You on the other hand, you seek for them
wanting to die for those You love so much,
for them, for those who do not love You.
Such is Your Royalty my beloved Jesus,
worthy of God made man.

FROM THE SOUL TO HIS LORD

This is how the Lord manifests His love, giving himself for our
redemption.

And knowing the excesses of His Love, we feel that He tells us:

Children, do not be saddened so much by the falls, but instead,
by not going with a repentant heart to seek the Sacrament of
Reconciliation. I love you and I see the good intentions, the
amendment; I do not signal you out to condemn you but to
redeem you. I made mine the sins of all, even the most
unimaginable for the human mind. So much depravity passed
before Me that, in a moment of infinite pain, I said: "*Father, if
you are willing, take this cup away from me. Yet not my will
but yours be done.*" (Lk. 22:42) My Mission had to be carried out in
all its amplitude to make you deserving of forgiveness, of
Eternal Life.

With patience, I received the slaps and the times I was spat
upon. My enemies dressed me in purple, wanting to ridicule My
Royalty; this I offered to repair every instance of lack of love
between brothers and sisters, every betrayal, every envy,
every arrogance and lack of humility that at that moment I saw
that you would commit.

For you I offered the pain, the betrayal, the ridicule; for you I
was mocked. For you I made reparation, I offered, I redeemed

you, so that you are not lost. I implore you, turn to My Mercy for I await you continually, come! Take My Mother's hand and come to Me!

MEDITATION READING

Oh terrible night that for my sins suffered Him who today I call My Beloved, to know You are reduced to the worst, being King of Heaven and earth, because of my infidelity and disobedience. By binding Your Most Holy Hands they wanted to hold down Your Kingdom, but they forgot that Your Kingdom is not of this world.

Think creature on that Jesus that You love, already made into one entire wound, His flesh unable to be seen. He is before you. His eyes are unable to be seen; He is almost blind, almost blind by the blows that your sins cause Him—it is for you, it is for me, it is for us.

The sacrifice of the Lord for our redemption should lead us to meditate on our life, on "how do we live?" But not to meditate upon it only today, rather every day of our existence, and to look at this beloved and innocent Lamb of Love before us, mocked for Love.

OUR FATHER ...

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

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GOOD FRIDAY

Jesus tells us: "It is finished" (Jn.
19,30) and our Blessed Mary
leads us to the Fiat of Total
Sacrifice

PURPOSE OF THE DAY

RECOGNITION OF DIVINE LOVE AND OF THE MOST HOLY MOTHER

In this supreme sacrifice of Divine Love, today we must be aware of the great commitment that each one of us has as a member of the Mystical Body.

That surrender of the Lord, without measuring pain, without fear, is to what faith wants to lead us. Today our Beloved asks of us immovable and invincible faith, so that at the end of our life, we can say confidently like the Divine Master, "*Father, into your hands I commit my spirit.*" (Lk. 23:46).

A Mother has been given to us at the foot of the Cross, a living manifestation of Divine Love; She is for the Church the Ark in which all children will find refuge in every adversity. Like John, we should invite Her to walk with us.

She who saw the Lord grow up, accompanied Him every instant in His Passion, stood at the foot of the Cross, and now participates in the Eternal Glory. This is how our Queen and Mother will lead us by the hand.

Therefore, let us invite Her into our life, our home, our family, because just as She protected Her Son, She will do so with us and ours.

PRAYER OF THE MORNING

In the Name of the Father...

"You are to love the Lord your God with all your heart, all your soul, and all your *strength*." (Dt. 6:5)

Come, Holy Trinity to dwell in Me!

CREED...

SALUTATION

My King and My Beloved, they have condemned You to death.
You are the Supreme King of heaven and earth
and you wear a crown of thorns
and have a Cross as a scepter the wood.
The job of a carpenter has turned towards You.

My King and My Beloved, you are tired;
the sins you carry on Your Shoulder
make You feel thirst.
Allow this creature of Yours who has placed more
heavy and torturous sins on Your Cross,
to offer You water.
I know well that you are thirsty for souls,
and as the woman of Samaria did,
do not look at my sins,
let me quench Your Thirst a bit.

You walk towards the desired encounter,
and every step You take is an excess of love for me.
Each step is a sigh for that moment
for which Your Divine Being wishes.
You fall to the ground, but You lift up Your Bloody Face
and You look at me, yes, You look at me,

and the desire to save me
leads You to get up with more strength.
You walk to unite yourself with the Cross,
which You love infinitely.

My King, King of souls, King of life,
today all of Creation makes reverence to You, it groans.
Your Love moves everything that has been created
by the Hand of Your Father.

Seeing You like that, destroyed for my sake,
I prostrate myself before You and beg for forgiveness.
Wash me with Your Blood,
give me to drink from Your Heart,
give me the living water of Your Love, Lord.

MEDITATION

"I am a king. I was born for this, and I came into the world for this." (Jn. 18:37) Today these words resonate in the hearts of all men. Our Lord has redeemed us from all guilt, and not yet satisfied, He bequeaths to us His Mother, to be our Mother.

She knows well of pain, She knows well of glory, she will lead us well. Just as she cared for the Child Jesus, so now She has us all in Her Arms. Let us go to Her with trust; a mother does not despise the pleas of her children and, being the Queen of the Angels, She will keep us at Her side, so that She is also our protector.

The Passion of the Lord has been a spring of good things for all mankind; if each human creature would pause and meditate on the infinite value of these cruel hours during which the Lord suffered for all, if man meditated on the Crucifixion, on every

nail that pierced the Hands and Feet of our Beloved, on the atrocious pain that He felt when He was pierced, the spear that pierced His Side, on the atonement of the Holy of Holies without having any guilt—ah, we would walk differently, we would find the true value of the sorrowful Passion. It was a physical pain that no man could endure, but even more, it was an infinite spiritual pain, which no man could ever even be able to imagine.

We must meditate upon this moment, but in the light of the spirit, in order to find its true value and to join the triumph of the Mission of the Lord. Only by entering deeply with spirit and truth, and living what each Wound of the Lord contains within it, will we be able to see the indescribable beauty that still hides behind the lacerated Body of our Beloved. For the Light is never extinguished, we must only know to look for it, not separate ourselves from It for even an instant, because the Light overcomes the darkness.

REFLECTION

A day of pain, for love, what a great mystery! Only you being God can take it on. Therefore, today I beg You, Lord, that I may not be indifferent to the Way of the Cross; that I voluntarily join myself to You each day so as to make reparation, thank You and adore You.

You walk to Calvary and you fall again. Blessed is that man who carried Your Cross; blessed are the hands that touched love. Without knowing him, he was captivated. You go from miracle to miracle, from supplication to supplication, offering, suffering, repairing— that is why you do not renounce the Mission the Father has entrusted to You and You arrive torn to Mount Calvary, where the Cross is the source of all blessings

and the source of all graces. For this reason, the Lord calls us not to fear the Cross, but to love and embrace It, since it is not a symbol of death, but of victory and resurrection, of blessing and love.

There is no true Christian without a cross, because we must learn to turn the thorns into roses and take out the honey that each thorn contains within it—that is, each stumble, each suffering, each offering in life does not remain without bearing its fruit for the good of each one of us and of our brothers and sisters. And it is the Lord himself who teaches us this great lesson: thanks to the Cross, comes the Resurrection.

For our Beloved, the cross that has been carried on the *Via Dolorosa* will now be for Him His rest, but not before leaving insured the beloved disciple who was always at His side. He entrusts to him what He most loves: "His Mother." And He insures His Mother not because She would be alone—no—but so as not to leave me an orphan; on the Cross, He gives me a mother who will intercede at all times for me. She is not a common mother; She is the chosen one of the Father, the Pure, the Blessed, the Faithful. She is now my mother, who will be there from Heaven to earth, to pray to the Most Holy Trinity for this creature that has been entrusted to Her at the foot of the Glorious Cross.

CALL TO CONSCIOUSNESS

We must love the will of God, even if we do not understand it. He will never give to His children what is not for their own good. We must remain faithful like John, the beloved disciple, and know how to repent, to weep from sorrow after having denied the Lord and make a firm resolution not to sin again, as Peter did, since Peter's sincere repentance moves the Lord who

forgives him promptly. For this, He leaves a mandate to all those who follow Him, "Pray that you may not enter into temptation." For the Beloved teaches us well that prayer is the perfect abandonment and perfect fusion with the Divine Will. In sadness, prayer; in anguish, prayer; in the desert, prayer; in joy, prayer; in every moment and place, prayer.

OUR FATHER ...

BIBLE READING

"Near the cross of Jesus stood his mother, his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, "Woman, here is your son," and to the disciple, "Here is your mother." From that time on, this disciple took her into his home." (Jn. 19:25-27)

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

PRAYER OF THE NIGHT

Lord, open my lips, and my mouth will declare your praise.
Under the loving gaze of the Immaculate Virgin, we rest in the
Lord.

GLORY...

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance and to amend my life.

SALUTATION

It is finished.
Divine Redeemer, you remain triumphant.
Creation recognizes You and trembles
before Your supreme Majesty,
Your Triumph is imminent.

Divine shepherd of souls,
You were wounded
and Your sheep scattered,
but now that you show Your Glory,
Your disciples take courage
and guard Your Divine Body.

Your Blessed and Regenerating Blood,

descends from the Cross and heals
not only the leprosy of the flesh,
but the spiritual one,
You continue in that excess of Divine Love
recognized by those that, until recently offended You,
slandered You, did not recognize You;
they run upon seeing Your Divinity.
They cry for forgiveness without knowing
that You have already forgiven them.

God made man, Your children recognize You.

FROM THE SOUL TO HIS LORD

In this difficult moment, before which no soul can remain without being moved before the scene of the Mother with Her Divine Son in Her arms at the foot of the Cross, and that has been the inspiration of poets, sculptors, prayers and repentances, inspiration for the saints, I know that no matter how hard a man's heart is, this moment is heartbreaking and calls for conversion.

I feel that the Lord would tell us: In the blessed womb of My Mother I was conceived—pure, immaculate womb—from Her breasts suckled, from Her hands held, from Her protected and infinitely loved, in a humble home I was raised, together with My father, the chaste Joseph, to fulfill the Will of My Heavenly Father.

Just as in a garden all of creation was given to man to serve him, just as in a garden he sinned forgetting that God is God, in a garden I was handed over by a betrayal, for the salvation of mankind. And so today in a garden, in a new sepulcher, My

Body will be placed; and in that garden I will redeem you from the first sin.

Children, everything has been for each one of you, for each one, totally out of love. Now that I have given you My Mother, I beg you to accompany Her; Her pain is great. In Her arms My inert Body, still burning with love, receives Her kisses and in Her, the kisses of all the faithful souls that bravely do not shrink from the falls, but rather turn to forgiveness and return quickly to Me, as those delirious in love.

The door of the tomb closes, I implore everyone to welcome My Mother, to take Her home and love Her. Her heart shattered with pain, does not cease to exclaim, "thank you Father, thank you Father," for this son who welcomes me today.

In Her heart, the silence of the sepulcher is the silence of our mother, Her infinite Yes. It is a sign of Her love. Words are superfluous before the testimony of "the Sorrowful Mother."

MEDITATION READING

A Cross of love, the same Cross for all children. On one Cross you were born; on one you will resurrect. Grace abounds for all equally:

"If anyone wants to follow me, he must deny himself, pick up his cross, and follow me continuously. Whoever wants to save his life will lose it, but whoever loses his life for my sake will find it." (Mt 16:24:25)

"If anyone wants to be first, he must be last of all and servant of all." (Mk. 9:35)

We also know that all things work together for the good of those who love God, those who, according to his decree are called saints. " *For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters. And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified.*" (Rom. 8.: 29-30)

Brother/Sister, God does not leave any act of your life unrewarded; each one of us harvests what he/she sows. The Lord has left us a commandment, for which He suffered even death on a cross: LOVE. Keep in mind that love is forgiveness and charity, so in the likeness of the Master, be His disciple for the glory of the Father, and of the Son and of the Holy Spirit.

We are not alone, our Mother keeps us on the path. Let us pray with faith and with the assurance that a mother never abandons those who beg for Her help. Let us remember that for each one of us, She wanted to be that Sorrowful Virgin who today mourns Her Son, who today has given Her Son, out of love. Who will refuse to love her?

OUR FATHER...

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

HOLY SATURDAY

Jesus brings us New Life and
Blessed Mary leads us to the
Fiat of the Unity in one body

PURPOSE OF THE DAY

TO RECOGNIZE THE LORD.

We must be like John—love our Mother and love the Lord without limits to keep us always faithful; not hide the faith we profess, and not trust in the strength of our humanity, as it is fragile and betrays us. May our trust, strength and fidelity be based on the Divine Power, so that they may be secure.

Let us not be proud of what we have received through mercy, both to live on earth and spiritually. Nothing is ours, everything has impregnated the Hand from which it has come, everything we possess is by Divine Will.

Let there be no strife among brothers and sisters, but let us always be a channel of blessing for those who come to us on the way, seeking consolation. May the betrayals not cause us to react in the same way, instead, let us have the example of the Lord, who loved without measure even in those moments. For the one who betrays will someday wipe his/her eyes with tears. He teaches us we should not condemn; this is a Divine Power.

Let us pray on every occasion, let us pray and make reparation even for those sins that we believe we have not committed.

May everything be kept with love in the depths of the heart.

This is how our Mother teaches us.

Let us walk without worries, let us leave everything in the hands of God, we must only love and make a firm intention not

to sin. Each one of us will present his or her measure at the moment he or she is called before the Divine Presence.

On this day when the Lord is silent, let us ask Him to protect us and keep us guarded, that evil never preys on our soul, and above all, that we have the humility to recognize mistakes. Let each one of us be that Joseph of Arimathea who kept his love smoldering to the extent of asking for the Body of the Master—to give him a worthy burial—because he knew the Word of the Lord and his faith told him, “He will resurrect, He will resurrect.”

PRAYER OF THE MORNING

In the Name of the Father...

"You are to love the Lord your God with all your heart, all your soul, and all your strength." (Dt. 6:5)

Come, Holy Trinity to dwell in me!

CREED...

SALUTATION

The Body of the Beloved Lord lay on a bed that had not been used. That is how God, His Father, wanted Him to taste death.

The sepulcher hides a great mystery, only He can tell it.
Christ rises from the dead to give life to all His children.
Everything is consummated in this sublime act of love.

He is the victor, God made man,
the one who, even being dead,
causes fear to those who crucified Him,
so much fear that they sent for the tomb to be guarded,
so that the body was not stolen.

Poor creatures—the Pharisees still do not know the power of the Son of God!

MEDITATION

All gather around the Sorrowful Mother, it is a sign for us children of God, that She is the channel of blessing and union. Just as She gave birth to the Child Jesus in a humble manger in Bethlehem, at the foot of the Cross, a sign of love, She has given birth to all the children of God. There is no Son without a

Mother. Christ has pronounced it on the Cross. Now the Sorrowful One Full of Grace travels the path by which Her Beloved passed with infinite sacrifice for all mankind. She waters it with Her tears, spreads Her love along it, a sign of the pain She feels today for those who do not recognize Her as a universal Mother, a sign of the pain caused by the sins of humanity.

United in the cenacle they remain with the Mother, praying continuously without leaving Her alone for a moment. So the church gathers today around the Mother who intercedes for Her children in this valley of tears; She is the great consolation for all humanity.

REFLECTION

After having offended, humiliated, scourged, crowned with thorns and having lacerated the Most Holy Body of Our Lord, silence invades the hearts that have truly killed the Son of God. This also happens to the human creature after rejecting the graces that the Lord offers, clinging to sin and to all human desire. This happens after offending, slandering and insulting a brother or sister—the heart enters into silence, into a deep spiritual conflict, for the law of the true child of God is love and forgiveness.

For this reason, Lord, I ask you to allow me to enter that new sepulcher where they have placed You, so that, being with You in deep silence, You can speak directly to my heart and teach me what true life is in You. Allow me to remain by Your side in that Holy place to anoint You constantly with pure oil, born from the depths of my being, with an oil of contrition, because you have had mercy on me; allow me to be by Your side to be able to resurrect with You to a new life.

In all circumstances the faithful speak with their testimony. They remain united without fear, united by love. So it happens to the Christian in this journey; unity is a sign that we are brothers and sisters, thus fulfilling the mandate that the Beloved left us, and it will be difficult to fulfill it fully if we do not have a Mother beside us who guides us on the right path. Everyone in the cenacle waited, but they waited around the one who gave the blessing to pronounce Her Fiat for our salvation. Where will the Son go if not to where is His Mother? For He well knows that Her Heart is pierced.

Mother I will never stop loving You; You are the ark of my salvation, my help. Come and give me Your holy blessing. By Your side I will be, waiting with you for the Beloved. I am not worthy of Him; You receive Him my Lady, and tell him that I love Him. Intercede for me, lead me on the path of good. I no longer wish to offend the one who gave His life for me, I do not want to see Him suffer again on a cross.

CALL TO CONSCIOUSNESS

In this moment of loneliness, sadness and pain, the disciples do not separate themselves from the one who had the Lord in Her womb, thus fulfilling the Will of the Father. It is this sign that the church must remain within a unity, within love, communing in the same faith, beside the Mother of the Savior, beautiful intercessor for all humanity.

The sheep that dispersed in fear, today return to the fold; they see the Mother stand firm, uniting those whom Her Divine Son called to be brothers in the same faith. Let us not forget the Passion that for our salvation He suffered, so that we do not ignore that there is no Christian without a cross.

Let us pray today on this day of prayer and silence, for humanity—that the Lord gives us wisdom to love with His same Love, to keep that Holy Silence at all times, and that our tongue is not a cause of pain for our brothers and sisters, but that it be for adoration, praise and gratitude to God our Father. May our hands be builders of unity, and our feet testimony that leads all to the paths of the Lord.

OUR FATHER...

BIBLE READING

"They took the body of Jesus and wrapped it in linen cloths along with spices, according to the burial custom of the Jews. A garden was located in the place where he was crucified, and in that garden was a new tomb in which no one had yet been placed. Because it was the Jewish Preparation Day, and because the tomb was nearby, they put Jesus there." (Jn. 19:40-42)

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

PRAYER OF THE NIGHT

Lord, open my lips, and my mouth will declare your praise.
Under the loving gaze of the Immaculate Virgin, we rest in the
Lord.

GLORY...

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance and to amend my life.

SALUTACION

Beloved Mother, beside You is John, the beloved disciple,
and together with You and the holy women,
he mourns the death of his Jesus.

You are for all, my Blessed Virgin, the source of consolation
wherein they take refuge in these moments of pain,
in which the soul craves the gaze of love.

The faithful know well that He will return,
a kingdom cannot lack its King.
The Mother, within Her being, waits anxiously
to again see the Son in glory and majesty.

Weep no more beloved Mother of the Savior,

You who fulfilled the Will of the Father.
The Angels see You and with respect bow to You.
You are the new Eve, blessed Lily,
You will forever be the beloved Mother of humanity.

FROM THE SOUL TO ITS LORD

"And yet I do write a new commandment to you, which holds true in him and among you, for the darkness is passing away, and the true light is already shining. Whoever says he is in the light, yet hates his brother, is still in the darkness. Whoever loves his brother remains in the light, and there is nothing in him to cause a fall. Whoever hates his brother is in darkness; he walks in darkness and does not know where he is going because the darkness has blinded his eyes." (1 Jn. 2,8-11)

Death has been conquered for the good of all mankind; now is the time when the children of the Most High, united in one faith, live in adoration, in spirit and in truth.

May all be united in one communion. Love each other as brothers and sisters, in one heart.

MEDITATION READING

"This was a night of vigil for the LORD, when he brought them out of the land of Egypt; so on this night all Israelites must keep a vigil for the LORD throughout their generations." (Ex. 12:42)

A night of blessing, we are liberated from the bondage of the evil one. New life is reborn for all those who allow the Lord to dispel the darkness of the heart and spirit.

"Gird your loins and light your lamps and be like servants who await their master's return from a wedding, ready to open immediately when he comes and knocks." (Lk. 12:35-36)

We are called to be light for the world, to be continually prepared, renouncing the devil and his machinations, the flesh and its seductions, the world and its lack of love for God. We all believe in an Almighty God, who has created Heaven and earth, in Jesus Christ and His resurrection, in the purity of the Blessed Virgin Mary, in the Holy Spirit and the Holy Catholic Church, we believe in the forgiveness of sins and in Eternal Life.

Lord, my God, I will praise you forever.

The Lord has come to turn bitterness into sweetness, sorrow into joy, darkness into light, loveless-ness into love, so that we may all be one as He and His Father are one.

OUR FATHER...

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

RESURRECTION SUNDAY

Jesus tells us: "I am the Way, the
Truth and the Life" (Jn. 14,6)
and Blessed Mary takes us to
the Trinitarian Fiat

PURPOSE OF THE DAY

GIVE THANKS TO THE LORD

"What man among you having a hundred sheep and losing one of them would not leave the ninety-nine in the desert and go after the lost one until he finds it? And when he does find it, he sets it on his shoulders with great joy and, upon his arrival home, he calls together his friends and neighbors and says to them, 'Rejoice with me because I have found my lost sheep.' I tell you, in just the same way there will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who have no need of repentance." (LK. 15:4-7)

That is why we give thanks to the Lord—because He is good,
because His Mercy is great.

PRAYER OF THE MORNING

In the Name of the Father..

"You are to love the Lord your God with all your heart, all your soul, and all your strength." (Dt. 6:5)

Come, Holy Trinity to dwell in me!

CREED...

SALUTACION

Ring the bells and sing your joy,
all Creation united, proclaim the new life.

In all His glory He triumphantly ascends to Heaven;
the Lord of Calvary is now glorious.
The tomb is empty, nobody can deny it.
The one who slept has risen from the dead.

Let those who hate Him not deny it.
For that reason also has everything been consummated;
for them also the King gave His Life.

The Angels of Heaven themselves have come
to sing the glory of the one who has risen.
Hallelujah, hallelujah, the King is risen!

MEDITATION

"The Master is not there, the place where He lay is empty"
I look for you and I do not find you, where have you gone?
Wake up brothers and sisters, wake up!

His cloths are on the floor,
The body of the Beloved cannot be found.

The disciples seek Him;
Ah! He is risen, He who is not found.
He has risen in glory
for our justification.

It is the sacrifice of love,
A new earth, a new Heaven.

The suffering Christ, is God triumphant.
He has made His people participate in His own glory.

He who walked the streets leaving pieces of His Body, returns gloriously to comfort His Mother. The one who kept everything in the secret of Her heart does not need to speak today. Her Son is present before the disciples and will ascend to Heaven to live eternally beside His Heavenly Father. The Son has come with glory and majesty; He will leave His Holy Spirit dwelling among men.

Thus the Lord speaks to us with the testimony, that is why it is not necessary to preach our spirituality in a loud voice; the testimony is the best witness before our brothers and sisters of who dwells in us, just as our Mother suffered in silence and the Son came to show His glory. He will always speak for the one who is silent and gives his life for his brothers and sisters. May the candle of love never be extinguished; this is the permanent offering to our Beloved Redeemer. He does not want holocausts; He wants us true. The sign is evident; He will seek Love.

REFLECTION

Lonely walkers, do not be sad anymore, here I am. Now I have come to stay forever, to dispel the darkness. Stay with us, our Lord, You give Yourself in Your Most Holy Body. Now we know that You have not gone; You are alive and real in our midst. Your glory has been tasted by those lonely ones who have enjoyed Heaven in advance, to be faithful witnesses, not only of the Divine Word that is light for the soul, but even more so, of the Blessed Sacrament that is the Bread of Eternal Life.

We have been created by the Hand of God for His glory, to honor Him every second of our life and we have been created for our salvation. That is why salvation must be our most precious treasure, which the moth does not destroy. We are not alone, we do not fight alone; the Lord is with us. We must simply let Him act. Let us praise Him, let us adore Him; from Him is the power, the honor and the glory for ever and ever.

Thus says His Word: "I am with you and will protect you wherever you go, and bring you back to this land. I will never leave you until I have done what I promised you." (Gen. 28:15)

CALL TO CONSCIOUSNESS

Let the soul be joyful on this triumphant day on which the Son has returned beside the Eternal Father. May we not be the cause of pain to the one who gave His life for us. The Lord has risen, but He is not far from us; He within each one of us, He is with us—that is why He calls us to see Him in our brother and sister. Let us not forget that we are temples of His Holy Spirit so that we love the Lord, present in every human creature.

He has not come for the righteous, but for sinners; but that we are repentant sinners, that is what the Lord asks of us—that sinning does not become customary for us.

May our life be a hymn of joy, of faith and eternal love, to Him who gave His life for us.

OUR FATHER...

BIBLE READING

"If then you were raised with Christ, seek what is above, where Christ is seated at the right hand of God. Think of what is above, not of what is on earth. For you have died, and your life is hidden with Christ in God. (Col. 3: 1-3)

We adore You, O Christ, and we praise You.
Because by Your Holy Cross, You have redeemed the world.

**PRAYER TO THE HOLY SPIRIT
GIVEN BY OUR LORD JESUS CHRIST
TO HIS BELOVED DAUGHTER LUZ DE MARÍA
JANUARY 17, 2011**

Holy Spirit, Love of the Father and of the Son, come, fill up this child of Yours with Your gifts. Divine Splendor, Sacred Fire, Crystal Spring of clean fraternity. Life of Christians, staff of the helpless, light in the darkness, warmth in the cold, raise my dormant being, raise my soul towards You.

Come Holy Spirit, give me Your Wisdom to act correctly. Give me holy intelligence, to attract my brothers and sisters, that I may not feel superior to my peers, but the smallest one so that You surge with power.

Come, take my mind and renew it; that I may be an echo of Your voice and that I may advise in the Divine Will, not in mine. Give me the strength to not stumble and be able to resist, seeing you, be able to resist; spellbound by Your strength, may I be a faithful apostle.

Of Your science oh Divine Spirit, may I be a reflection, may I seek Your glory, drive the worldly away from me. Penetrate the depths of my heart and graft in it Your very mercy that I may love with Your very love. Carry out in me the miracle of the fear of God; give me a thirst for souls, so that without seeing who, I labor for the Kingdom.

Oh, Holy Spirit, infuse in me the gift of true love. Thank you, Holy Divine Spirit, live in me fully, that aware of my need, with complete freedom I call you to take possession of my life. Thank you oh Divine Goodness, Merciful Ruler, Sacred Fire.

Amen.

